### **MONTHLY RENTAL RATES**

One Occupant \$2,495.00

One Bedroom 565 sq/ft

Two Occupants \$3,135.00

One Bedroom 565 sq/ft

### Service Package

Please refer to our on site amenities & services for more information on our Service Package.

### **Rent Includes**

Hydro, Water, Heat & Air Conditioning

### **Additional Monthly Fees**

**Outdoor Parking** 

\$48.00/mth

Rental rate and service packages may be subject to an annual increase on January 1st.

### **SCHEDULE A TOUR TODAY!**

If you would like to arrange for a tour, please contact our Leasing Department at 204-258-3145. Tours can be arranged during our regular business hours, Monday to Friday, between 8:00 a.m. and 4:00 p.m.

# Founded by the Riverside Lions Club





## Riverside Lions Seniors Residences Inc.

180 Worthington Ave Winnipeg, Manitoba R2M 1S4

T: (204) 255-8940 F: (204) 257-1527

admin@riversidelions.mb.ca www.riversidelions.mb.ca

Check us out online for more information!







Riverside Lions
Seniors Residences
Assisted Living Program

### WHAT IS ASSISTED LIVING?

An Assisted Living facility is a senior living option for adults who can live independently with minimal needs for assistance with daily living. Its purpose is to help adults live independently in a safe environment while providing assistance to bridge the gap between independent living and long-term care.

### RIVERSIDE LIONS ASSISTED LIVING PROGRAM

Riverside Lions' Assisted Living offers services and amenities to focus on important aspects of senior wellness, including physical health, intellectual stimulation, and a socially enriched community living environment. Our goal is to help slow cognitive decline and keep our seniors healthier and happier so that they can live independently for as long as possible. Families can count on Riverside Lions to meet their loved one's needs with integrity, understanding, and respect.

Each of our 27 one-bedroom Assisted Living suites offer a spacious, private three-piece bathroom and a modified kitchenette with a microwave and an apartment size fridge. Our suites also include window coverings and an individual heating and air conditioning unit.





### ON SITE AMENITIES & SERVICES

Riverside Lions is located on major bus routes within close proximity to St. Vital Mall, a variety of grocery stores, pharmacies, and other local amenities.

Our Assisted Living Program provides a range of on-site amenities and non-medical support. These services are listed below and are included with the rental of the suite:

- Three (3) Meals per Day, Plus Snacks
- Weekly Housekeeping
- Weekly Laundering of Linens & Towels
- Daily Garbage & Recycling Collection
- Victoria Lifeline
- Laundry Room Located on Each Floor
- Tenant Lounge Located on Each Floor
- Complementary Public Wi-Fi
- Outdoor Courtyard
- Daily Leisure Activities
- Daily Fitness Program
- Fitness Center
- Hair Salon
- Foot Care Services
- Library
- Gift Shop
- Trust Account Services
- Basic Cable
- Secured Facility with an Access Control System
- Property & Liability Insurance
- Visitor Parking
- Lounge Rentals for Special Events
- Hotel Suite at Competitive Rates
- Smoke Free Environment

### **SOCIAL AND LESIURE PROGRAMS**

Riverside Lions' promotes an active lifestyle for all residents through our recreational activities, creative opportunities, and our daily fitness program. Abundant activity choices are available to encourage a social and community lifestyle. Our leisure program includes a variety of activities such as:

- Daily Exercise Program
- Afternoon Walks Indoors & Outdoors (weather permitted).
- Coffee & Tea Social Groups
- Bingo
- Shuffle Board
- Pool Table
- Musical Entertainment
- Singing/Karaoke
- Dancing
- Crafts
- Card Games
- Baking
- Gardening
- Memory Games
- Trivia
- Manicures and Hand Massages
- Movie Night
- Birthday of the Month
- Scheduled Outings to Areas of Interest
- A Intergenerational Program
- Religious Services

#### Check out our website for more information!

